

# Smooth Sailing

by Deborah Edwards



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**NORTHCOTT**  
*Cottons that feel like silk*



## Sail Away

64" x 80 1/2"

FREE PATTERN • Available at [www.northcott.com](http://www.northcott.com)

Designed by Northcott Studio

# Sail Away



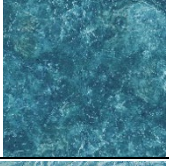





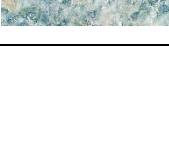
By Northcott Studio

Fabric Collection: Smooth Sailing

Finished Size: 64" x 80 ½"

All seams are sewn using a ¼" seam allowance

## Requirements & Cutting:

Fabric Requirements	Yardage	Cutting Instructions (WOF = width of fabric)
<b>Fabric A</b> DP28908-44 	1 1/8 yds	Cut 1 – 15 ½" x WOF strip ➤ Sub-cut 6 – 15 ½" x 6 ½" rectangles Cut 3 – 6 ½" x WOF strips ➤ Sub-cut 6 – 6 ½" x 15 ½" rectangles
<b>Fabric B</b> DP28909-10 	5/8 yd	Cut 1 – 8" x WOF strip ➤ Sub-cut 6 – 8" x 4 ½" rectangles Cut 2 – 4 ½" x WOF strips ➤ Sub-cut 6 – 4 ½" x 8" rectangles
<b>Fabric C</b> DP28911-46 	1/2 yd	Cut 3 – 4 ½" x WOF strips ➤ Sub-cut 12 – 4 ½" x 8" rectangles
<b>Fabric D</b> DP28912-44 	1/2 yd	Cut 3 – 4 ½" x WOF strips ➤ Sub-cut 12 – 4 ½" x 8" rectangles
<b>Fabric E</b> DP28913-12 	1 1/2 yds	Cut 25 – 2" x WOF strips (for Sashing & 1 <sup>st</sup> Border) ➤ Sub-cut 24 – 2" x 8" strips & 29 – 2" x 15 ½" strips Set remaining strips aside for the Border
<b>Fabric F</b> DP28916-48 	1 1/4 yds	Cut 1 – 2" x WOF strip ➤ Sub-cut 6 – 2" squares (for Sashing Cornerstones) Cut 8 – 2 ½" x WOF strips (for 2 <sup>nd</sup> Border) Cut 8 – 2 ½" x WOF strips; set aside for Binding
<b>Fabric G</b> DP28907-46 	1 1/4 yds	Cut 8 – 5" x WOF strips (for 3 <sup>rd</sup> Border)
<b>Crosswise Backing</b> DP28911-42 	4 yds	Cut in half lengthwise so you have two 2 yd x WOF pieces. Sew together along selvage edges for a finished backing piece measuring approximately 72" x 84"
<b>Wide Backing</b> B28911-44 	2 yds	No Cutting Required

### **BLOCK 1 ASSEMBLY:**

1. Sew a 2" x 8" Fabric E sashing strip to each long side of an 8" x 4 1/2" Fabric B rectangle. Add a Fabric C rectangle to one side, and a Fabric D rectangle to the other side.
2. Sew a 2" x 15 1/2" Fabric E sashing strip to the top or bottom of a 6 1/2" x 15 1/2" Fabric A rectangle, referring to the finished quilt image for placement in each block, and keeping in mind the direction of the Fabric A rectangle.
3. Sew the pieced 8" x 15 1/2" rectangle assembled in Step 1 to the 8" x 15 1/2" rectangle assembled in Step 2 to complete Block 1. Make 6 Block 1's.



### **BLOCK 2 ASSEMBLY:**

1. Sew a 2" x 8" Fabric E sashing strip to each long side of a 4 1/2" x 8" Fabric B rectangle. Add a Fabric C rectangle to one side, and a Fabric D rectangle to the other side, as in Step 1 above.
2. Sew a 2" x 16 1/2" Fabric E sashing strip to the left or right of a 15 1/2" x 6 1/2" Fabric A rectangle, referring to the finished quilt image for placement in each block, and keeping in mind the direction of the Fabric A rectangle.
3. Sew the pieced 8" x 15 1/2" rectangle assembled in Step 1 to the 8" x 15 1/2" rectangle assembled in Step 2 to complete Block 2. Make 6 Block 2's.



### **QUILT TOP ASSEMBLY:**

1. Lay out the blocks for each row, alternating Block 1 & Block 2, making sure directional prints are correct, to create four rows of three blocks each. Sew blocks in each row together, adding a 2" x 15 1/2" Fabric E sashing strip between each block.
2. To make the horizontal sashing strips, sew together 3 – 2" x 15 1/2" Fabric E strips, adding a 2" Fabric F square between each strip. Make three horizontal sashing strips.



3. Sew a sashing strip to the bottom of rows 1, 2 & 3. Then sew the four rows together.

4. Sew the Fabric E, F & G Border strips together into eight strip sets, as shown. Trim ends of each strip set and sew together in pairs for side and top & bottom borders.



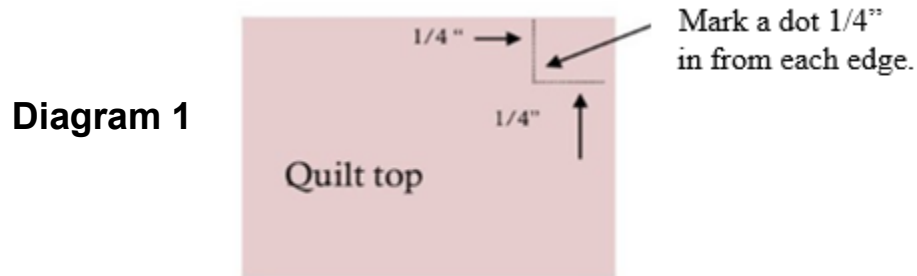
5. Following the mitered border Instructions beginning on the following page, add borders to the quilt top.
6. Join the 8 – 2 1/2" Fabric F Binding strips using diagonal seams. Fold in half wrong sides together along the length of the strip and press.
7. Layer quilt top with batting and backing. Quilt as desired. Bind the quilt using your favorite method.

## Mitered Borders

Your borders will need to be longer than your quilt by three times the width of the border. Therefore, a 2" wide border will need to be at least 6" longer than the quilt.

On the top side of your quilt top, measure 1/4" in from both sides of one corner and mark a dot (as shown in Diagram 1).

Repeat this process on all four corners of the quilt top.



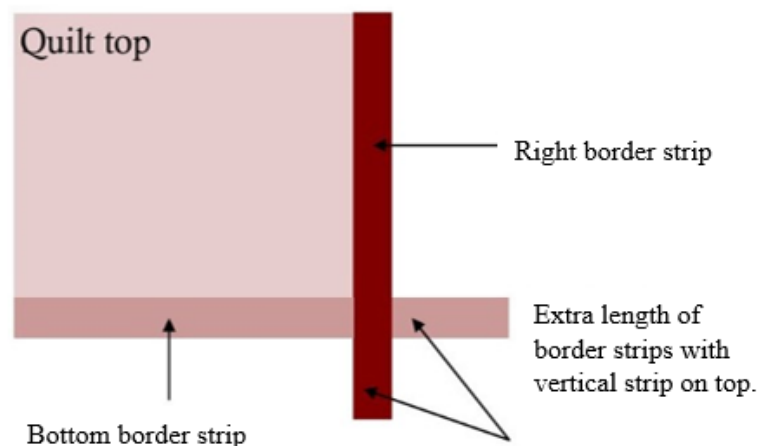
Lay first border strip right sides together on the right side edge of the quilt, allowing half of the extra length to extend from each end of the quilt. Line up the raw edges and pin the border in place.

Locate the dot at the top right corner of the quilt top and mark the border strip right where it lines up with the dot on the quilt top. Pierce the fabric with your needle through the dot. Take three stitches down the length of the border and then backstitch three stitches to secure that corner. Stitch down the length of the border, stopping several inches from the bottom corner.

Align the border strip at the bottom corner and mark the dot as you did at the top corner. Stitch right up to the dot and then backstitch three stitches to secure the corner. Repeat this process on the left side of the quilt. Press seams toward the borders.

Add top and bottom borders in the same manner. Your stitch lines on the top and bottom borders should stop right on top of the last stitch on the side border stitch lines, forming a perfect right angle on your quilt top.

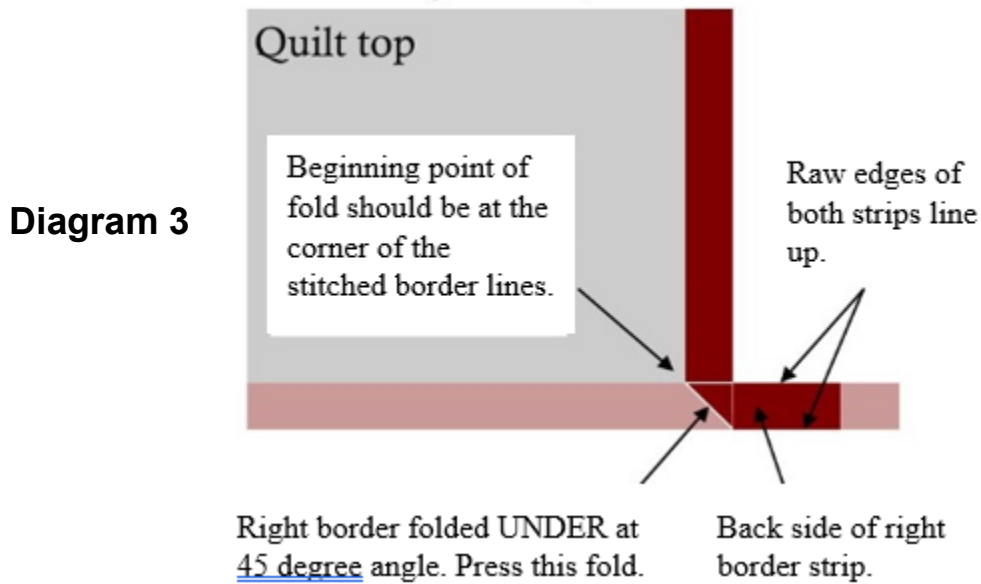
Lay the quilt top right side up with one corner flat on your ironing board. The bottom right corner of the quilt top should be in front of you. Lay both extra strips of border straight out from the corner with the right border strip laying on top of the extended bottom border strip (as shown in Diagram 2).



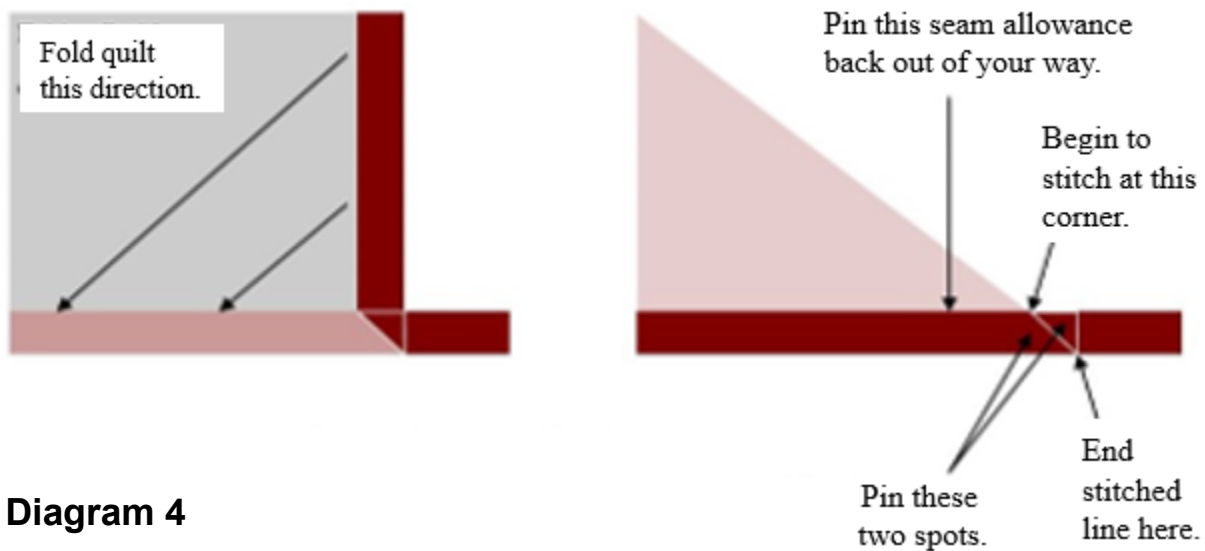
**Diagram 2**

Fold the vertical border UNDER at a 45 degree angle until the sides match up with the bottom border strip underneath. Pull on the folded side just a bit to ensure the corner lays flat at the edge of the quilt top.

The beginning point of your fold should be at the point of the angle formed where the right border stitches and the bottom border stitches meet, and it should end at the outer edge of the bottom border strip (as shown in Diagram 3). Press the fold line.



Take the right side of the quilt top and fold it in a triangle to meet the border on the bottom of the quilt (as shown in Diagram 4). Pin in the three areas indicated and stitch the pressed diagonal line. Make sure this stitched line begins at the corner formed by the border stitches and ends at the bottom edge of the border strips (as shown in Diagram 4). Don't forget to backstitch at both ends of this stitched line.



Remove your pins and check your miter. Trim the seam allowance to 1/4" and trim off the dog ears. Repeat this process on the other three corners. Press the mitered corners from the front side of the quilt.